

ULTIMATE MINIMALIST PACKING LIST

IN BACKPACK

- 3 PAIRS PANTS
- 4 SHIRTS
- 1 DRESS
- 1 SWEATER
- 1 BRA
- 7 PAIRS UNDERWEAR
- 3 PAIRS SOCKS
- WATER BOTTLE
- BOOK
- WALLET
- TO-GO UTENSILS + STRAW
- PHONE
- PHONE CHARGER
- EARBUDS
- TEA
- KEYS
- TOILETRIES BAG
- AIRPLANE BLANKET
- AIRPLANE PILLOW

- 1 OUTFIT ON DAY

IN TOILETRIES BAG

- DEODORANT
- VITAMINS
- TOOTH PASTE
- CHAPSTICK
- FLOSSER
- TOOTH BRUSH
- SUNGLASSES
- QUART-SIZED TSA ZIPLOCK
- DRAMAMINE
- SHAMPOO
- SOAP
- HAIR TIES
- DIVA CUP
- BRUSH